Ballyholme Primary School **SANDWICH MENU ON VIEW IN CLASSROOM** MENU SUBJECT TO ALTERATION October 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Oven Baked Salmon	Chicken Curry	Beef Burger & Chips	Gammon, Pineapple &	Cottage Pie with Leek &
Monday	Bites	Rice & Naan Bread	Coleslaw & Salad	Gravy	Potato Topping
01.10.2018	Peas			Cauliflower cheese	
	Wedges or Baked Potato			Creamed Potatoes	
			Flake meal biscuit, Fresh		
	Chocolate Sponge and		Fruit & Yoghurt	T 0 X . 1 N CC	T G 0
	Chocolate Sauce	Ice Cream and Jelly		Fruit & Yoghurt Muffin, Milk shake	Fruit Crumble & Custard
	Cheese &Tomato Pizza	Oven Baked Sausages	Breaded Fish	Roast Turkey & Stuffing,	Chilli and Rice
Monday	Peas & Sweetcorn	Baked Beans	Salad & Coleslaw	Gravy	& Garlic Bread
08.10.2018	Sliced Potatoes	Mashed Potatoes	Chips or Baked Potato	Mixed Vegetables	
				Creamed Potatoes	
	Ice Cream & Fruit	Fresh Fruit Salad &	Homemade Swiss Roll Fruit	Cookie & Milk Shake	Decorated Mousse & Fruit
	ice Cream & Fruit	Yoghurt	& Custard	COURIE & WHIK SHAKE	Decorated Wousse & Fruit
	Fish Fingers	Lasagne	Homemade Lentil &	Roast Pork & Apple Sauce	Chicken Curry
Monday	Peas	Salad & Sweetcorn	Tomato Soup	& Gravy	Rice & Naan Bread
15.10.2018	Chips or Baked Potatoes	Wedges or Baked Potatoes	Chicken Burger	Turnip	
			Salad & Coleslaw	Mashed Potatoes	
	Flake meal biscuit, Fresh				
	Fruit & Milk	Fruit Sponge & Custard	Fruit & Yoghurt Muffin	Jelly, Fruit & Ice Cream or	Fruit Crumble &
				yoghurt & fruit.	Custard
	Breaded Chicken	Irish Stew	Pasta Bolognaise	Roast Chicken & Gravy,	Breaded Fish,
Monday	Savoury Rice	& Wheaten Bread	Crusty Bread	Carrot & Parsnip	Peas,
22.10.2018	Peas & Sweetcorn			Stuffing	Chips/baked potatoes
	Sweet Chilli Sauce				
		Crunchie Pear Crumble and	X 11 0 D	Fruit and Yoghurt	D. D. 11. 0 F. 1
	Date Krispie & Custard	Custard	Jelly & Fruit	muffin	Rice Pudding & Fruit
Monday					100
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