



'making the right choices'
at Ballyholme

HealthyKiDS

16th – 20th May 2016

At Ballyholme Primary School

**What healthy snacks are in
your lunch box?**

Remember this week to try to have a 'waste-free' lunch pack, not a 'waste-full' one.

Monday 16th

(P3/4 Healthy Break Provided)

Cancer Focus Ni

P1/2 Farmyard Olympics

P5 Sun Scientist

P6/7 Smoke Buster

Tuesday 17th

(KS2 Healthy Break provided)

Dogs Trust visit P4

Dairy Council Ni visit P5

Wednesday 18th

(P1/2 Healthy Break Provided)

Action Cancer

P3 workshops

Thursday 19th

MS Beach Walk

Whole School Walk

From Bank Lane

Meeting 8.30am

Whole School Fitness Day

(Pure Gym Bangor instructors)

Minimum donation of £1 for our Charity

Sports' Days

P3/4 Monday 16th May

P1/2 Wednesday 18th May

P5/6/7 Friday 20th May



ACTION MS

Northern Ireland's Leading Multiple Sclerosis Charity